



	Zeit	Verein	Rang	Einzelzeiten
1 .	04:41:35	Alfterer SC (1)		
		Frank Liebegott (1965)	9	01:26:37
		Lothar Stürzebecker (1958)	19	01:30:16
		Theo Schneider (1964)	75	01:44:42
2 .	05:07:15	GSV Porz (1)		
		Reiner Höck (1955)	39	01:37:54
		Klaus Humbach (1970)	40	01:37:55
		Klaus Breutigam (1967)	114	01:51:26
3 .	05:14:45	Solinger LC (1)		
		Torsten Dunkel (1963)	52	01:39:51
		Joachim Stader (1956)	60	01:43:14
		Henk Dijkman (1959)	117	01:51:40
4 .	05:23:50	ASV Wesseling (1)		
		Kurt Hartz (1948)	54	01:40:17
		Bernd Nawrath (1965)	86	01:46:10
		Magnus Lohner (1967)	141	01:57:23
5 .	05:36:35	LG Heimerzheim (1)		
		Oswald Maasem (1953)	53	01:40:16
		Hans-Peter Windeck (1957)	65	01:43:40
		Uli Messing (1970)	159	02:12:39