



| Rang | G | Platz | Zeit | Name | St.-Nr | NAT | Verein | Jahr | PAK | AK | Min/KM |
|------|---|-------|----------|-----------------------|--------|-----|--------------------------|------|-----|-----|---------|
| 1 | | 1 | 01:14:52 | Ajmedar, Said | 319 | | Bonn | 1968 | 1 | M40 | 03:32,8 |
| 2 | | 2 | 01:18:17 | Dogen, Thomas | 318 | | Tippelbrüder Bonn | 1972 | 1 | M35 | 03:42,6 |
| 3 | | 3 | 01:19:30 | Hüttmann, Georg | 225 | | LC Weilerswist | 1965 | 2 | M40 | 03:46,0 |
| 4 | | 4 | 01:20:52 | Fergen, Jochen | 486 | | TC BW Bonn-Duisdorf | 1967 | 3 | M40 | 03:49,9 |
| 5 | | 5 | 01:21:37 | Preuß, Martin | 370 | | LG Meckenheim | 1963 | 1 | M45 | 03:52,0 |
| 6 | | 6 | 01:23:23 | Cuypers, Thaddäus | 398 | | LG Eifel-Runners | 1981 | 1 | MHK | 03:57,1 |
| 7 | | 7 | 01:24:57 | Bauer, Ivo | 237 | | Alternativ | 1968 | 4 | M40 | 04:01,5 |
| 8 | | 8 | 01:26:40 | Müller, Daniel | 333 | | LT Käsekoller | 1975 | 1 | M30 | 04:06,4 |
| 9 | | 9 | 01:27:44 | Schmitz, Georg | 126 | | LG Eifel-Runners | 1966 | 5 | M40 | 04:09,4 |
| 10 | | 10 | 01:28:16 | Dudley, Richard-James | 193 | GBR | Fronrunner Cologne | 1961 | 2 | M45 | 04:11,9 |
| 11 | | 11 | 01:29:43 | Echter, Hermann Josef | 194 | | LG Heimerzheim | 1948 | 1 | M60 | 04:15,1 |
| 12 | | 12 | 01:30:27 | Müller, Johannes | 327 | | SSF Bonn | 1967 | 6 | M40 | 04:17,2 |
| 13 | | 13 | 01:30:40 | Liebegott, Frank | 399 | | Alfterer SC | 1965 | 7 | M40 | 04:17,8 |
| 14 | | 14 | 01:31:17 | Körner, Bernd | 491 | | LT Buechelstr. | 1969 | 8 | M40 | 04:19,5 |
| 15 | W | 1 | 01:32:01 | Kiepkke, Stephanie | 396 | | LT Siebengebirge | 1970 | 1 | W35 | 04:21,6 |
| 16 | | 15 | 01:32:02 | Stürzebecher, Lothar | 353 | | Alfterer SC | 1958 | 1 | M50 | 04:21,7 |
| 17 | | 16 | 01:32:30 | Lidzner, Thorsten | 340 | | Frechen | 1967 | 9 | M40 | 04:23,0 |
| 18 | | 17 | 01:33:53 | Michollek, Wolfgang | 490 | | GSV Porz | 1960 | 3 | M45 | 04:26,9 |
| 19 | | 18 | 01:34:07 | Frey, Stephan | 98 | | Rösrath | 1968 | 10 | M40 | 04:27,6 |
| 20 | | 19 | 01:34:19 | Matheis, Marco | 103 | | SV Rott | 1978 | 2 | M30 | 04:28,1 |
| 21 | | 20 | 01:34:22 | Illian, Dr. Gerhard | 241 | | Triathlon VFB Erftstadt | 1957 | 2 | M50 | 04:28,3 |
| 22 | | 21 | 01:34:24 | Rongen, Matthias | 202 | | Niederkassel-Rheidt | 1959 | 3 | M50 | 04:28,4 |
| 23 | | 22 | 01:34:36 | Messing, Uli | 14 | | LG Heimertzhaim | 1970 | 2 | M35 | 04:29,0 |
| 24 | | 23 | 01:34:46 | Schreiner, Markus | 334 | | SSV Bornheim | 1977 | 3 | M30 | 04:29,4 |
| 25 | | 24 | 01:35:47 | Coenen, Theo | 339 | | LAV Habbelrath-Grefrath | 1956 | 4 | M50 | 04:32,3 |
| 26 | | 25 | 01:35:50 | Horst, Hubert | 488 | | Bornheim | 1964 | 4 | M45 | 04:32,5 |
| 27 | | 26 | 01:35:55 | Fischenich, Walter | 208 | | Wesseling | 1955 | 5 | M50 | 04:32,7 |
| 28 | | 27 | 01:36:08 | Farnung, Markus | 217 | | Fußballfreunde Rheinland | 1978 | 4 | M30 | 04:33,3 |
| 29 | | 28 | 01:36:39 | Ibisch, Volker | 197 | | LG Eifel-Runners | 1955 | 6 | M50 | 04:34,8 |
| 30 | | 29 | 01:37:09 | Münster, Julian | 489 | | Düsseldorf | 1987 | 2 | MHK | 04:36,2 |
| 31 | | 30 | 01:37:15 | Giessler, Andreas | 335 | | Bonn | 1974 | 3 | M35 | 04:36,5 |
| 32 | | 31 | 01:37:18 | Neusser, Mark | 90 | | Rennmäuse Siebengebirge | 1969 | 11 | M40 | 04:36,6 |
| 33 | | 32 | 01:37:30 | Pietsch, Wolfgang | 323 | | BSG Rheinpark | 1957 | 7 | M50 | 04:37,2 |
| 34 | | 33 | 01:37:51 | Escher, Gerd | 485 | | TuS Köln rrh. | 1947 | 2 | M60 | 04:38,2 |
| 35 | | 34 | 01:38:15 | Müller-Drexel, Markus | 102 | | | 1964 | 5 | M45 | 04:39,3 |
| 36 | | 35 | 01:38:29 | Heinzen, Werner | 168 | | Bonn | 1962 | 6 | M45 | 04:40,0 |
| 37 | | 36 | 01:39:00 | Deinet, Lars | 316 | | Solingen | 1977 | 5 | M30 | 04:41,5 |
| 38 | | 37 | 01:39:27 | Krahn, Rüdiger | 115 | | Bonn | 1965 | 12 | M40 | 04:42,7 |
| 39 | | 38 | 01:39:51 | Weicker, Yves | 118 | LUX | Bonn | 1979 | 6 | M30 | 04:43,9 |
| 40 | | 39 | 01:39:54 | Sell, Jochen | 495 | | Bonn | 1975 | 7 | M30 | 04:44,0 |
| 41 | | 40 | 01:39:55 | Schultheiß, Volker | 182 | | Kerpen | 1956 | 8 | M50 | 04:44,1 |
| 42 | | 41 | 01:39:57 | Schreurs, Jürgen | 51 | | Köln | 1961 | 7 | M45 | 04:44,2 |
| 43 | | 42 | 01:40:11 | Wulff, Albert | 496 | | BSG-BML | 1960 | 8 | M45 | 04:44,8 |
| 44 | | 43 | 01:40:24 | Claßen, Bodo | 192 | | LG Eifel-Runners | 1959 | 9 | M50 | 04:45,4 |
| 45 | | 44 | 01:41:23 | Ockenfeld, Guido | 401 | | Niederzissen | 1969 | 13 | M40 | 04:48,2 |
| 46 | | 45 | 01:42:24 | Büscher, Wolfgang | 277 | | Bonn | 1962 | 9 | M45 | 04:51,1 |
| 47 | | 46 | 01:42:34 | Wagner, Andreas | 86 | | Siegburg | 1960 | 10 | M45 | 04:51,6 |
| 48 | | 47 | 01:42:57 | Schäfer, Christian | 288 | | Sportlich Team-Bornheim | 1966 | 14 | M40 | 04:52,7 |
| 49 | | 48 | 01:42:58 | Klindtworth, Joshua | 33 | | LG Eckdorfer Eilzug | 1953 | 1 | M55 | 04:52,7 |
| 50 | | 49 | 01:43:46 | Opgenhoff, Heinrich | 276 | | Alfter | 1960 | 11 | M45 | 04:55,0 |
| 51 | | 50 | 01:43:48 | Wurm, Thomas | 329 | | Tilman Tigers | 1968 | 15 | M40 | 04:55,1 |
| 52 | | 51 | 01:43:52 | Stroben, Josef | 37 | | Frechen | 1950 | 2 | M55 | 04:55,3 |
| 53 | W | 2 | 01:43:57 | Schlegel, Ilona | 405 | | Melpomene Bonn | 1966 | 1 | W40 | 04:55,5 |
| 54 | | 52 | 01:44:01 | Nover, Georg | 133 | | Bornheim | 1948 | 3 | M60 | 04:55,7 |
| 55 | | 53 | 01:44:37 | Klein, Jürgen | 344 | | JGV Gielsdorf | 1964 | 12 | M45 | 04:57,4 |
| 56 | | 54 | 01:45:34 | Carlé, Thomas | 156 | | Köln | 1969 | 16 | M40 | 05:00,1 |
| 57 | | 55 | 01:45:55 | Hüb, Manfred | 153 | | SSF Bonn | 1961 | 13 | M45 | 05:01,1 |
| 58 | W | 3 | 01:45:59 | Puhl, Alexandra | 201 | | Köln | 1975 | 1 | W30 | 05:01,3 |



TEAMSOFT-SPORTZEIT.DE

| Rang | G | Platz | Zeit | Name | St.-Nr | NAT | Verein | Jahr | PAK | AK | Min/KM |
|------|---|-------|----------|--------------------------|--------|-----|----------------------------|------|-----|-------|---------|
| 59 | | 56 | 01:46:01 | Hengstler, Helmut | 330 | | Alfter | 1947 | 4 | M60 | 05:01,4 |
| 60 | W | 4 | 01:46:23 | Ockenfeld, Annette | 400 | | Niederzissen | 1967 | 2 | W40 | 05:02,5 |
| 61 | | 57 | 01:46:40 | Holtmann, Thomas | 493 | | LT La Villedieu | 1959 | 10 | M50 | 05:03,3 |
| 62 | | 58 | 01:46:41 | Sohr, Günter | 492 | | LT La Villedieu | 1960 | 14 | M45 | 05:03,3 |
| 63 | | 59 | 01:46:42 | Kriebel, Thomas | 342 | | RT Wind Immobilien | 1973 | 4 | M35 | 05:03,4 |
| 64 | | 60 | 01:47:07 | Wins, Daniel | 141 | | Swisttal | 1991 | 1 | MJugA | 05:04,5 |
| 65 | | 61 | 01:47:20 | Wagner, Wito | 113 | | Morenhoven | 1976 | 8 | M30 | 05:05,2 |
| 66 | | 62 | 01:47:36 | Ludwig, Johannes | 1 | | Team Veronesi Bornheim | 1959 | 11 | M50 | 05:06,9 |
| 67 | | 63 | 01:47:57 | Onusseit, Oliver | 172 | | Alfter | 1967 | 17 | M40 | 05:06,9 |
| 68 | | 64 | 01:47:58 | Geus, Karl-Heinz | 173 | | Frechen | 1949 | 5 | M60 | 05:07,0 |
| 69 | W | 5 | 01:48:08 | Loock, Annette | 116 | | Bonn | 1963 | 1 | W45 | 05:07,4 |
| 70 | | 65 | 01:48:12 | Monmina, Luigi Salvatore | 484 | | Bonn | 1958 | 12 | M50 | 05:07,6 |
| 71 | | 66 | 01:48:15 | Anschütz, Uwe | 402 | | SV Neunkirchen-Steinborn | 1962 | 15 | M45 | 05:07,8 |
| 72 | W | 6 | 01:48:39 | Scheicher, Sigrun | 480 | | Bad Godesberg | 1960 | 2 | W45 | 05:08,9 |
| 73 | | 67 | 01:48:45 | Bünger, Hartmut | 8 | | TV Bremen-Walle 1875 | 1964 | 16 | M45 | 05:09,2 |
| 74 | | 68 | 01:48:48 | Siegmann, Uli | 482 | | Die grauen Burggeister | 1956 | 13 | M50 | 05:09,3 |
| 75 | W | 7 | 01:49:00 | Fuchs, Marina | 497 | | Bonn | 1960 | 3 | W45 | 05:09,9 |
| 76 | | 69 | 01:49:13 | Krückeberg, Andreas | 5 | | ZKA | 1964 | 17 | M45 | 05:10,5 |
| 77 | W | 8 | 01:49:36 | Walter, Elfriede | 159 | | LG Eifel-Runners | 1963 | 4 | W45 | 05:11,6 |
| 78 | | 70 | 01:50:20 | König, Eric | 247 | | Sportlich Team Bornheim | 1970 | 5 | M35 | 05:13,7 |
| 79 | | 71 | 01:50:32 | Schultz, Michael | 479 | | Bad Godesberg | 1957 | 14 | M50 | 05:14,3 |
| 80 | W | 9 | 01:50:42 | Lanzrath, Margret | 499 | | TuS 1905 Arloff-Kirspennic | 1957 | 1 | W50 | 05:14,7 |
| 81 | | 72 | 01:50:49 | Schöneseifen, Helmut | 169 | | Gielsdorf | 1966 | 18 | M40 | 05:15,1 |
| 82 | W | 10 | 01:50:50 | Montinho, Astrid | 498 | | Wachtberg | 1962 | 5 | W45 | 05:15,1 |
| 83 | | 73 | 01:51:07 | Vind, Alain | 338 | | Frechen | 1953 | 3 | M55 | 05:16,9 |
| 84 | | 74 | 01:51:14 | Brehmer, Norbert | 407 | | Stolberg | 1962 | 18 | M45 | 05:16,3 |
| 85 | | 75 | 01:51:54 | Mandt-Krewinkel, Michael | 96 | | St. Seb. Brenig | 1977 | 9 | M30 | 05:18,1 |
| 86 | W | 11 | 01:52:04 | Ramrath, Margret | 219 | | Witterschlick | 1963 | 6 | W45 | 05:18,6 |
| 87 | | 76 | 01:52:06 | McCann, Ian | 44 | | | 1965 | 19 | M40 | 05:18,7 |
| 88 | | 77 | 01:52:08 | Hofner, Franz | 278 | | Bonn | 1963 | 19 | M45 | 05:18,8 |
| 89 | | 78 | 01:52:13 | Brandhorst, Markus | 332 | | Köln | 1963 | 20 | M45 | 05:19,0 |
| 90 | | 79 | 01:52:15 | Kessenich, Günther | 12 | | Team-Six-Pack-Bonn | 1962 | 21 | M45 | 05:19,1 |
| 91 | W | 12 | 01:52:20 | Hayna, Ursula | 177 | | Mechernich | 1969 | 3 | W40 | 05:19,4 |
| 92 | | 80 | 01:52:41 | Sandherr, Michael | 481 | | Die grauen Burggeister | 1958 | 15 | M50 | 05:20,4 |
| 93 | | 81 | 01:53:31 | Wohlschlager, Leonhardt | 487 | | 1. Kölner Laufstall | 1968 | 20 | M40 | 05:22,7 |
| 94 | W | 13 | 01:53:38 | Melzer, Elke | 406 | | ASC | 1963 | 7 | W45 | 05:23,1 |
| 95 | | 82 | 01:53:39 | Vogg, Michael | 59 | | SSF Bonn | 1962 | 22 | M45 | 05:23,1 |
| 96 | | 83 | 01:54:53 | Grimm, Manfred | 105 | | 1. Kölner Laufstall | 1962 | 23 | M45 | 05:26,6 |
| 97 | W | 14 | 01:54:58 | Wagner, Carla | 87 | | Siegburg | 1962 | 8 | W45 | 05:26,9 |
| 98 | | 84 | 01:55:05 | Thudium, Marcus | 494 | | Bonn | 1979 | 10 | M30 | 05:27,2 |
| 99 | W | 15 | 01:55:21 | Voigt, Manuela | 4 | | Köln | 1971 | 2 | W35 | 05:28,0 |
| 100 | | 85 | 01:55:21 | Müller, Dr. Ralph | 328 | | Alfter | 1968 | 21 | M40 | 05:28,0 |
| 101 | | 86 | 01:55:43 | Michel, Johannes | 209 | | BC Witterschlick | 1992 | 1 | MJugB | 05:29,0 |
| 102 | W | 16 | 01:55:44 | Frömbling, Greta Eliza | 324 | | Alfter | 1991 | 1 | WJugA | 05:29,0 |
| 103 | W | 17 | 01:55:45 | Schwalb, Marie Christine | 325 | | | 1991 | 2 | WJugA | 05:29,1 |
| 104 | | 87 | 01:56:13 | Bertschat, Harry | 336 | | TV 08 Lohmar | 1958 | 16 | M50 | 05:30,4 |
| 105 | | 88 | 01:56:16 | Huth, Robin | 117 | | Alfter | 1974 | 6 | M35 | 05:30,6 |
| 106 | W | 18 | 01:56:50 | Stier, Gisela | 390 | | ASV Wesseling | 1944 | 1 | W65 | 05:32,2 |
| 107 | | 89 | 01:56:52 | Schlengermann, Udo | 395 | | Team Voreifel | 1942 | 1 | M65 | 05:32,3 |
| 108 | W | 19 | 01:57:48 | Quinke, Anna-Maria | 314 | | RT Wind Immobilien | 1980 | 1 | WHK | 05:35,9 |
| 109 | | 90 | 01:57:50 | Deli, Housein | 315 | | RT Wind Immobilien | 1979 | 11 | M30 | 05:35,0 |
| 110 | | 91 | 01:58:47 | Heßling, Magnus | 134 | | Bornheim | 1991 | 2 | MJugA | 05:37,7 |
| 111 | W | 20 | 01:58:48 | Hoenig, Iris | 166 | | Bonn | 1958 | 2 | W50 | 05:37,8 |
| 112 | | 92 | 01:59:03 | Michel, Andreas | 475 | | Bonn-Lessenich | 1963 | 24 | M45 | 05:38,5 |
| 113 | | 93 | 02:00:04 | Francke, Jürgen | 27 | | Düren | 1954 | 4 | M55 | 05:41,4 |
| 114 | | 94 | 02:01:04 | Zimmermann, Ralf | 109 | | Euskirchen | 1961 | 25 | M45 | 05:44,2 |
| 115 | | 95 | 02:01:13 | Görissen, Wolfram | 478 | | Siegburg | 1938 | 1 | M70 | 05:44,6 |
| 116 | | 96 | 02:02:02 | Grünwald, Dr. Karl-Her | 196 | | SSF Bonn | 1962 | 26 | M45 | 05:47,0 |



| Rang | G | Platz | Zeit | Name | St.-Nr | NAT | Verein | Jahr | PAK | AK | Min/KM |
|------|---|-------|----------|--------------------------|--------|-----|-----------------------------|------|-----|-------|---------|
| 117 | W | 21 | 02:02:23 | Forsbach, Angelika | 246 | | Witterschlick | 1958 | 3 | W50 | 05:48,0 |
| 118 | | 97 | 02:02:40 | Neukirch, Frederick | 397 | | Sportlich Team Bornheim | 1992 | 2 | MJugB | 05:48,8 |
| 119 | W | 22 | 02:02:48 | Meck, Nina | 317 | | Duisburg | 1982 | 2 | WHK | 05:49,1 |
| 120 | W | 23 | 02:02:51 | Gerads-Schneider, Birgit | 49 | | Köln | 1961 | 9 | W45 | 05:49,3 |
| 121 | | 98 | 02:03:16 | Stahl, Philipp | 119 | | Ollheim | 1991 | 3 | MJugA | 05:50,5 |
| 122 | W | 24 | 02:03:56 | Bachhofer, Christina | 160 | | Anlauf-Siegen | 1965 | 4 | W40 | 05:52,4 |
| 123 | | 99 | 02:04:22 | Liedtke, Harry | 100 | | Troisdorf | 1952 | 5 | M55 | 05:53,6 |
| 124 | | 100 | 02:04:23 | Wrampelmeyer, Dr. Chris | 130 | | Bonn | 1953 | 6 | M55 | 05:53,6 |
| 125 | W | 25 | 02:04:40 | Riemer, Doreen | 483 | | Bonn | 1970 | 3 | W35 | 05:54,5 |
| 126 | | 101 | 02:05:14 | Thanner, Markus | 244 | | Giasinga Ledahosn | 1969 | 22 | M40 | 05:56,1 |
| 127 | | 102 | 02:05:29 | Mentzel, Michael | 380 | | Rheinbach | 1960 | 27 | M45 | 05:56,8 |
| 128 | | 103 | 02:05:35 | Gubisch, Rolf | 84 | | Lohmar | 1952 | 7 | M55 | 05:57,1 |
| 129 | W | 26 | 02:05:49 | Nickenig, Birgit | 195 | | SV Wormersdorf | 1969 | 5 | W40 | 05:57,7 |
| 130 | | 104 | 02:05:54 | Wieland, Lukas | 55 | | Swisttal | 1965 | 23 | M40 | 05:58,0 |
| 131 | W | 27 | 02:06:07 | Watrinet, Antje | 181 | | Rheinbach | 1967 | 6 | W40 | 05:58,6 |
| 132 | W | 28 | 02:06:24 | Klocke, Beate | 326 | | Alfterer SC | 1966 | 7 | W40 | 05:59,4 |
| 133 | | 105 | 02:07:00 | Killich, Jürgen | 142 | | Alfter | 1955 | 17 | M50 | 06:01,1 |
| 134 | | 106 | 02:07:28 | Entz, Gerhard | 337 | | TV 08 Lohmar | 1955 | 18 | M50 | 06:02,4 |
| 135 | W | 29 | 02:09:51 | Becker, Lilija | 321 | | SC Shaton | 1962 | 10 | W45 | 06:09,2 |
| 136 | W | 30 | 02:10:46 | Dubbelfeld, Marion | 178 | | Mechernich | 1975 | 2 | W30 | 06:11,8 |
| 137 | W | 31 | 02:11:40 | Oster, Silvia | 477 | | Antilopen Kottenforst | 1981 | 3 | WHK | 06:14,4 |
| 138 | | 107 | 02:12:15 | Hermsdorf, Tobias | 476 | | Antilopen Kottenforst | 1981 | 3 | MHK | 06:16,0 |
| 139 | | 108 | 02:13:57 | Stascheit, Ulrich | 245 | | Hürth | 1959 | 19 | M50 | 06:20,9 |
| 140 | | 109 | 02:14:02 | Schneider, Werner | 50 | | Köln | 1957 | 20 | M50 | 06:21,1 |
| 141 | | 110 | 02:15:48 | Schuler, Bernd | 106 | | LG Rheinbach | 1939 | 2 | M70 | 06:26,1 |
| 142 | | 111 | 02:18:23 | Steuk, Norbert | 200 | | GSV Porz | 1963 | 28 | M45 | 06:33,5 |
| 143 | W | 32 | 02:18:24 | Tobola, Melanie | 199 | | Köln | 1977 | 3 | W30 | 06:33,5 |
| 144 | W | 33 | 02:18:56 | May, Helga | 234 | | | 1966 | 8 | W40 | 06:35,0 |
| 145 | W | 34 | 02:18:57 | Kahlert, Wiebke | 235 | | | 1965 | 9 | W40 | 06:35,1 |
| 146 | W | 35 | 02:18:58 | Müller, Silke | 236 | | Alfalternativ | 1968 | 10 | W40 | 06:35,1 |
| 147 | W | 36 | 02:20:27 | Wildt, Uschi | 238 | | TV Altendorf-Ersdorf Lauftr | 1966 | 11 | W40 | 06:39,3 |
| 148 | W | 37 | 02:20:43 | Frings, Elke | 206 | | TV Altendorf-Ersdorf | 1962 | 11 | W45 | 06:40,1 |
| 149 | W | 38 | 02:20:44 | Liedtke, Beate | 99 | | Troisdorf | 1956 | 4 | W50 | 06:40,1 |
| 150 | | 112 | 02:21:41 | Placke, Werner | 320 | | Alfter | 1949 | 6 | M60 | 06:42,8 |
| 151 | | 113 | 02:27:55 | Krings, Bernhard | 474 | | Bornheim | 1953 | 8 | M55 | 07:00,6 |
| 152 | W | 39 | 02:28:19 | Zeigner, Claudia | 66 | | Köln | 1981 | 4 | WHK | 07:01,7 |
| 153 | W | 40 | 02:29:42 | Müller, Ruth | 65 | | Köln | 1978 | 4 | W30 | 07:05,6 |
| 154 | W | 41 | 02:30:32 | Marschall, Patricia | 39 | | LT Siebengebirge | 1973 | 4 | W35 | 07:08,0 |
| 155 | | 114 | 02:31:46 | Langhoff, Dr. Ralph | 403 | | Swisttal | 1956 | 21 | M50 | 07:11,5 |
| 156 | W | 42 | 02:49:44 | Skarupke, Gudrun | 61 | | Wesseling | 1961 | 12 | W45 | 08:02,6 |
| 157 | | 115 | 02:51:02 | Eich, Egmond | 16 | | WSV Hersel | 1970 | 7 | M35 | 08:06,3 |